

BRISTOL STOOL CHART	
1	Separate, hard lumps; hard to pass; constipated; nuggets; pebbles; rabbit droppings
2	Sausage-shaped but lumpy; somewhat difficult to pass; bunch of grapes
3	Sausage with cracks on the surface; nearperfect poop; corn on the cob
4	Sausage; snake; banana; smooth; soft; nut butter consistency
5	Soft blobs with clear-cut edges; easily passes; chicken nuggets
6	Fluffy pieces with ragged edges; mushy with ragged edges; mushy stool; porridge
7	Watery; no solid pieces; liquid; gravy